

## LEARNING EXPERIENCE OVERVIEW

# JA High School Heroes<sup>®</sup>

### ■ Work and Career Readiness

*JA High School Heroes* provides leadership development opportunities to high school students who deliver JA learning experiences in elementary schools.



This learning experience is an optional addition for which JA Areas can receive 2–4 Instructional Contact Hours per student, awarded only for hours beyond standard volunteer training for high school students.

### CURRICULUM OUTLINE

Title	Overview	Students...	Handouts
<b>Session One: Effective Civic Leadership</b>	Students explore the importance of leadership skills and the value of community involvement. They learn the importance of communication and conflict-management skills to achieve group goals.	<ul style="list-style-type: none"><li>• Identify qualities of a leader.</li><li>• Recognize the role of civic leadership in a community.</li><li>• Develop conflict-resolution skills.</li></ul>	<ul style="list-style-type: none"><li>• Student Guide</li><li>• City Council Budget</li><li>• Department Heads Budgets</li></ul>
<b>Session Two: Presentation Skills and Classroom Management</b>	Students learn effective presentation techniques to get an audience's attention and keep it. They gain insight into classroom dynamics to assist with managing elementary school students when in that environment.	<ul style="list-style-type: none"><li>• Use strong presentation skills to communicate effectively.</li><li>• Develop classroom management practices.</li><li>• Recognize and use techniques that further teamwork and achieve group goals.</li></ul>	<ul style="list-style-type: none"><li>• Student Guide</li><li>• Give a Presentation</li></ul>

(continued)

# JA High School Heroes

## CURRICULUM OUTLINE

Title	Overview	Students...	Handouts
<b>Session Three: Critical Thinking and Problem Solving</b>	Students advance their critical thinking skills so that they can adapt quickly to new circumstances and develop successful solutions to problems.	<ul style="list-style-type: none"><li>• Use a problem-solving technique to solve personal and professional problems.</li><li>• Apply critical-thinking skills to work-based problems.</li><li>• Recognize that decisions have consequences.</li></ul>	<ul style="list-style-type: none"><li>• Student Guide</li><li>• Think It Through</li></ul>
<b>Session Four: Reflection</b>	Students share their JA High School Heroes experience and learn about its relevance to their futures. They complete a self-assessment designed to reiterate lessons about leadership, presentations, and critical thinking.	<ul style="list-style-type: none"><li>• Implement objective criteria to self-evaluate.</li><li>• Recognize the value of constructive feedback and the growth mindset.</li><li>• Develop a personal action plan.</li></ul>	<ul style="list-style-type: none"><li>• Student Guide</li><li>• Skills Self-Assessment</li><li>• Personal Action Plan</li></ul>

Visit <https://connect.ja.org/>, JA Connect Resource Guide <https://data.ja.org/s/dxUAAA>, and <https://career.ja.org/> for additional resources.